



ALLISON SPARGO EXECUTIVE COACHING

## Gain a leading edge – an invitation to support your people like never before to thrive. Coaching in residence.

*“Leaders have the well-being of their employees in their embrace.”*

*“(Covid has effected) a move away from professionalism to personalism”*

### Why?

Do you want your leaders to be more fulfilled, more effective, purposeful and healthy? Of course you do, because you know that when our leaders are all those things, there is a much better chance of your organisation reaping the bottom line benefits as well as creating a culture of “We care”.

Post Covid-lockdown presents a significant opportunity for leaders to reset their attitudes towards their greatest asset: Their People. This is an invitation for you to support your people in a way which benefits them, their teams and your organisation.

### Who ?

I specialise in coaching leaders and teams within a variety of sectors including Finance, FMCG, Transport and Health to achieve these outcomes – Board Directors, COOs, CTOs, Technical Experts. My recent clients include leaders and teams within Talbot (AIG), Baillie Gifford, Nephila, Alpha FX, General Mills, NHS, NIHR. Via zoom or face to face, I work with leaders in Compliance, Tech, Sales, Marketing, Underwriting, Growth, Customer Service.

I have a tapestry of different ways of working with clients which includes embodied Systemic Coaching, Time to Think™, NLP and more traditional dialogic approaches. I believe that by taking a person centric approach to performance, through coaching, ensures that the investment made by an organisation in their people is truly enhanced and enriched.

### How?

Having a **Coach in Residence** is a truly effective way of offering coaching support to your people.

By having an in-house, external coach readily available to your people, emergent issues can be supported straight away before they grow into mammoth problems. An impartial thinking partner is immediately available when innovation, creativity and thinking space is required at key moments. Emotional Intelligence of your people is increased to support trust, better communication, better understanding, better collaboration. Resilience is built. Well-being attended to.

It’s a “no-brainer”.

### What?

- Hosted by an experienced award winning, senior coach(es).
- Agile coaching – coach works **in the moment** so no need for any pre-appointment engagement.
- Run virtually using **Zoom** so coachees can join from any location (home or office, including international). In-house face to face can be arranged post Covid.
- 30, 60, 120 minute appointments depending on issue.
- Bookable in advance.
- Single session with option for follow-up.
- Person centred.
- Timed to suit UK and international time zones.

Drop me, **Alli Spargo**, an email [alli@allisonspargo.com](mailto:alli@allisonspargo.com) or call on 07753 450865 to have a no commitment exploratory conversation. Connect with me on [Linkedin](#) and visit my website [www.allisonspargo.com](http://www.allisonspargo.com)